



Adult Social Care



Our Service

At In-Trac, we don't just deliver training. Our service starts at the development phase and carries right through to end of service impact reports, all delivered with our expert customer care.

Design All In-Trac training is bespoke to your organisation. The content of each session is discussed with you and formally signed off prior to delivery. Once the content is agreed, final course programmes and associated materials are developed and shared with you prior to delivery.

Delivery Our courses are delivered by exceptional, qualified trainers – specialists in their subjects – and feedback from our training is consistently rated 'excellent' or 'very good' by both delegates and those commissioning the courses.

Customer Care Our dedicated, professional customer team manages and carries out all communication between In-Trac and you, the client. They will liaise directly with you and the training will be monitored at every stage to make sure you are satisfied. Our head office team is experienced, enthusiastic and empathetic.

Online All of our courses can be delivered online via Zoom, MS Teams or you online platform of choice. Our training team has substantial experience of delivering successful training online with excellent outcomes. We provide materials to learners in an electronic format.

Booking System In-Trac has in place an established, bespoke, web-based Client relationship Management system, to organise and manage all training bookings, delegate bookings, trainers, materials, evaluations, and record keeping. Within this system is a client booking system which we are able to offer to our customers free of charge on most of our contracts.

Evaluation is a critical part of our process. All delegates complete an online evaluation form, as does our trainer, so that we may feed back to you any relevant issues raised as a result of the training.

Impact Our training doesn't end at evaluation. 3 months post-delivery, we send out a post-training impact survey to monitor the effectiveness that the training has had in your organisation.

Review Through our Service Delivery Management team we meet with our clients regularly to discuss past training and how improvements can be made (if any) and discuss any future training requirements.

Managed Training Service In-Trac has many years of experience managing training contracts of all kinds for various group sizes & across organisations. We recognise the care and attention to detail required to create the perfect training experience and outcomes.

We rigorously adhere to all available corporate training guidelines, local and national policies & requirements. So, whether you are looking for a one-off course or a bespoke programme we are confident we can offer you the right training for you.

Please ask about our volume booking discounts. The details of current offers can be found on our website at www.in-trac.co.uk/offers

About In-Trac

In-Trac Training specialises in providing a comprehensive range of courses to meet the specific training needs of the Social Care, Health Care, and Education sectors. One of our core offerings is Supervision training, which follows the integrated model known as the 4x4x4 model of supervision. This model was co-developed by our founder, Jane Wannacott, and forms the backbone of our supervision training.

Our team of trainers is carefully selected based on their expertise, experience, innovative approaches, and exceptional communication skills. They bring their wealth of knowledge and practical insights to deliver engaging and effective training sessions.

At In-Trac, we understand the importance of tailoring our courses to align with the unique requirements of your team, department, and organization. Our dedicated Customer Service team works closely with you throughout the training project, ensuring that your learning outcomes are fully met. Whether you prefer virtual training sessions conducted via your preferred video conferencing platform or classroom-based learning, we are equipped to deliver the courses in the format that suits you best.

Choose In-Trac Training for a wide range of specialised courses designed to enhance the skills and knowledge of professionals in Social Care, Health Care, and Education. Our commitment to customisation, exceptional trainers, and attentive customer service ensures a high-quality learning experience for your team.

Adult Social Care Training at In-Trac

In-Trac Training has one of the most comprehensive portfolios of Adult social care training in the U.K. We have specialist teams able to deliver everything from aspects of The Care Act, Autism, briefings on the Mental Capacity Act and the new Liberty Protection Safeguards to one and two-day courses on topics like Safeguarding Adults and Writing Effective Reports for Court.

Talking Life trainers bring a wealth of experience, both as practitioners and as teachers to the training they deliver to clients in adult social care. We have included many of the more popular and important courses here; however, if there is a topic missing from this extensive list, please feel free to contact us by phone, email or via our website and we would be happy to discuss your requirements with you.





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Care Act Courses

- Advanced Social Services and Well-being (Wales) Act 2014
- An Introduction to the Care Act (2014)
- Applying the Continuing Healthcare framework in social care practice
- Care Act Refresher
- Introduction to the Social Services and Well-being (Wales) Act 2014
- Social Services and Well-being (Wales) Act 2014 Refresher
- The Social Services and Well-being (Wales) Act 2014 for Managers



General Courses

- Intersectionality Awareness
- Motivational Interviewing
- Neurodiversity



Health, Safety and First Aid Courses

- Lunchtime Learning – Health and Safety Law – recognising and controlling hazards



Learning Difficulty / Disability Courses

- ADHD & Autism
- Autism - Intermediate 2
- Autism (Developing Skills) - Part 1
- Autism: Exploring Sensory Awareness
- D/deaf Awareness and a brief introduction to British Sign Language
- Engaging Parents and Carers with Learning Disabilities
- Working with Adults with Learning Disabilities



Legal Courses

- Adult Sexual Exploitation & Adult Criminal Exploitation
- Advanced Statement Writing & Court Skills
- Advocacy
- Appropriate Adult and PACE 1984
- Best Interests Assessors Legal Update
- Consent
- Court Familiarization and Evidence Giving (Court Skills)
- Court of Protection
- Court Skills for Adult Social Workers
- Deprivation of Liberty for Managing Authorities
- Human Rights
- Investigating Complaints Adult Social Care
- Investigative Interviewing
- Lasting Power of Attorney
- Mental Capacity Act (MCA) & Deprivation of Liberty Safeguards (DoLS)
- Preparing for the LPS (Liberty Protection Safeguards)
- The Mental Capacity Act - Chairing Best Interest Meetings



Management & Leadership Courses

- 1:1 Direct Supervision
- De-escalation – A Proactive Approach to Conflict
- Developing Effective Supervision: Core Skills for Supervisors
- Group Supervision



Personal Development Courses

- 1:1 Direct Supervision
- De-escalation – A Proactive Approach to Conflict
- De-Escalation – A Proactive Approach to Conflict 2-day Course
- Developing Effective Supervision: Core Skills for Supervisors
- Group Supervision
- Neurodiversity



Resilience, Wellbeing & Stress Courses

- The Role of Emotional Wellbeing for Practitioners



Safeguarding Courses

- 1:1 Direct Supervision
- Adult Sexual Exploitation & Adult Criminal Exploitation
- Developing Effective Supervision: Core Skills for Supervisors
- Disengagement Training
- Enhancing Professional Curiosity for Housing Staff
- Group Supervision
- Modern Slavery & Human Trafficking
- Physical Disengagement Training
- Preparing for the LPS (Liberty Protection Safeguards)
- Radicalisation & Extremism Awareness
- Safeguarding Adults - Chairing Meetings
- Safeguarding Adults - Self-Neglect, OCD & Hoarding
- Safeguarding Adults Enquiry Officers
- Safeguarding Adults for the Frontline Workforce
- Safeguarding Adults Level 3
- Safeguarding Adults Manager (SAMs) Training (inc chairing meetings)
- Safeguarding Adults: Financial & Material Abuse
- Working with Male Perpetrators of Domestic Abuse



Substance Misuse Courses

- Drug & Alcohol Awareness
- Introduction to New Psychoactive Substances (NPS) & Substance Misuse
- Substance Misuse



Supervision Courses

- 1:1 Direct Supervision
- Authority & Supervision; Difficult and Challenging Conversations – developing frameworks for thinking and action
- Developing Effective Supervision: Core Skills for Supervisors
- Group Supervision
- Promoting Reflective practice in Supervision
- Recording Reflective Supervision
- Reflective Supervision
- Supervising and assessing the ASYE year
- Supervising to Improve Practice
- Using Supervision Effectively for supervisees
- Using Supervision Effectively: a one day course for Supervisees



A-Z Course Index for Adult Social Care Courses

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- Recording Reflective Supervision
- Reflective Supervision
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- Safeguarding Adults – Level 2 – Principles and Practice
- Safeguarding Adults – Self-Neglect, OCD & Hoarding
- Safeguarding Adults Enquiry Officers
- Safeguarding Adults for the Frontline Workforce
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