



Children's Social Care



Our Service

At In-Trac, we don't just deliver training. Our service starts at the development phase and carries right through to end of service impact reports, all delivered with our expert customer care.

Design All In-Trac training is bespoke to your organisation. The content of each session is discussed with you and formally signed off prior to delivery. Once the content is agreed, final course programmes and associated materials are developed and shared with you prior to delivery.

Delivery Our courses are delivered by exceptional, qualified trainers – specialists in their subjects – and feedback from our training is consistently rated 'excellent' or 'very good' by both delegates and those commissioning the courses.

Customer Care Our dedicated, professional customer team manages and carries out all communication between In-Trac and you, the client. They will liaise directly with you and the training will be monitored at every stage to make sure you are satisfied. Our head office team is experienced, enthusiastic and empathetic.

Online All of our courses can be delivered online via Zoom, MS Teams or your online platform of choice. Our training team has substantial experience of delivering successful training online with excellent outcomes. We provide materials to learners in an electronic format.

Booking System In-Trac has in place an established, bespoke, web-based Client relationship Management system, to organise and manage all training bookings, delegate bookings, trainers, materials, evaluations, and record keeping. Within this system is a client booking system which we are able to offer to our customers free of charge on most of our contracts.

Evaluation is a critical part of our process. All delegates complete an online evaluation form, as does our trainer, so that we may feed back to you any relevant issues raised as a result of the training.

Impact Our training doesn't end at evaluation. 3 months post-delivery, we send out a post-training impact survey to monitor the effectiveness that the training has had in your organisation.

Review Through our Service Delivery Management team we meet with our clients regularly to discuss past training and how improvements can be made (if any) and discuss any future training requirements.

Managed Training Service In-Trac has many years of experience managing training contracts of all kinds for various group sizes & across organisations. We recognise the care and attention to detail required to create the perfect training experience and outcomes.

We rigorously adhere to all available corporate training guidelines, local and national policies & requirements. So, whether you are looking for a one-off course or a bespoke programme we are confident we can offer you the right training for you.

Please ask about our volume booking discounts. The details of current offers can be found on our website at www.in-trac.co.uk/offers

About In-Trac

In-Trac Training specialises in providing a comprehensive range of courses to meet the specific training needs of the Social Care, Health Care, and Education sectors. One of our core offerings is Supervision training, which follows the integrated model known as the 4x4x4 model of supervision. This model was co-developed by our founder, Jane Wannacott, and forms the backbone of our supervision training.

Our team of trainers is carefully selected based on their expertise, experience, innovative approaches, and exceptional communication skills. They bring their wealth of knowledge and practical insights to deliver engaging and effective training sessions.

At In-Trac, we understand the importance of tailoring our courses to align with the unique requirements of your team, department, and organization. Our dedicated Customer Service team works closely with you throughout the training project, ensuring that your learning outcomes are fully met. Whether you prefer virtual training sessions conducted via your preferred video conferencing platform or classroom-based learning, we are equipped to deliver the courses in the format that suits you best.

Choose In-Trac Training for a wide range of specialised courses designed to enhance the skills and knowledge of professionals in Social Care, Health Care, and Education. Our commitment to customisation, exceptional trainers, and attentive customer service ensures a high-quality learning experience for your team.

Children's Social Care Training at In-Trac

In-Trac training has one of the most comprehensive portfolios of Children & Family social care training in the U.K. We have specialist teams able to deliver everything from refresher & update training on Safeguarding Children to one-day and longer courses on Achieving Best Evidence, Understanding Section 47 and Attachment & Loss.

Talking Life trainers bring a wealth of experience, both as practitioners and as teachers to the training they deliver to clients in Children & Families Social Care. We have included many of the more popular and important courses here; however, if there is a topic missing from this extensive list, please feel free to contact us by phone, email or via our website and we would be happy to discuss your requirements with you.





Follow us on Twitter
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In-Trac Training and Consultancy Limited 36 Birkenhead Road, Hoylake, Wirral CH47 3BW



Bereavement & Loss Courses

- Helping children and young people deal with bereavement, separation and loss
- Managing Challenging Behaviour



Care Act Courses

- Managing Challenging Behaviour



Foster Care Courses

- Care Planning and Planning for Permanency
- Challenging conversations and Working with Resistance in families with young people
- Direct Work and Voice of the Child
- Engaging Reluctant and Resistant Families
- Foetal Alcohol Syndrome
- Life Story Work
- Parental Mental Ill-Health and Children's Safeguarding
- Permanency Planning
- Transitions (Leaving Care)
- Working with Parents and Carers: Positive Parenting



General Courses

- Advanced Attachment training for Social Workers
- Challenging conversations and Working with Resistance in families with young people
- Child and Adolescent Development
- Evidence-Based Children Assessments
- Having difficult conversations with children and young people
- Intersectionality Awareness
- Life Story Work
- Motivational Interviewing
- Neurodiversity
- Understanding Cultural Diversity in our Work with Children and Families
- Working with Behaviour Positively
- Working with Trauma & Anxiety



Health, Safety and First Aid Courses

- Lunchtime Learning – Health and Safety Law – recognising and controlling hazards
- Managing Challenging Behaviour



Human Resources Courses

- Managing Challenging Behaviour



IT Training Courses

- Online Safety



Learning Difficulty / Disability Courses

- ADHD & Autism
- Assessing the needs of children in situations of parental learning disability
- Autism - Intermediate 2
- Autism (Developing Skills) - Part 1
- Autism: Exploring Sensory Awareness
- Capturing the Views & Wishes of Disabled Children
- Communication with Disabled Children
- D/deaf Awareness and a brief introduction to British Sign Language
- Direct work with children with disabilities
- Engaging Parents and Carers with Learning Disabilities
- Managing Challenging Behaviour
- Working with Children with Disabilities and Direct Work



Legal Courses

- Advanced Statement Writing & Court Skills
- Advocacy
- Analytical Reporting and Recording
- Appropriate Adult and PACE 1984
- Consent
- Court Familiarization and Evidence Giving (Court Skills)
- Court of Protection
- Court Skills for Children's Social Workers
- Court Skills Introduction - Family Law in a Day
- Current Legal Policy in Family Law
- Deprivation of Liberty (Children & Young People)
- Family Law and the Legal System
- Family Law and the Legal System (Welsh Context)
- Investigating Complaints Child/Family Social Care
- Investigative Interviewing
- Mental Capacity Act (MCA) & Deprivation of Liberty Safeguards (DoLS)
- Preparing for the LPS (Liberty Protection Safeguards)
- Section 47
- Special Guardianship Orders
- Transition from Children's to Adult Services -Legal Framework 16-25
- Writing Child Permanence Reports
- Writing Section 7 and 37 Reports



Management & Leadership Courses

- 1:1 Direct Supervision
- De-escalation – A Proactive Approach to Conflict
- Developing Effective Supervision: Core Skills for Supervisors
- Group Supervision
- Managing Challenging Behaviour



Mental Health Courses

- Assessing the Needs of Children in Situation of Parental Mental Health
- Assessing the needs of children in situations of parental alcohol /substance misuse
- Managing Challenging Behaviour
- Mental Health and managing risky behaviour in adolescence
- The Toxic Trio
- Working with children and young people experiencing mental health difficulties
- Working with Trauma & Anxiety



Personal Development Courses

- 1:1 Direct Supervision
- De-escalation – A Proactive Approach to Conflict
- De-Escalation – A Proactive Approach to Conflict 2-day Course
- Developing Effective Supervision: Core Skills for Supervisors
- Group Supervision
- Managing Challenging Behaviour
- Neurodiversity



Resilience, Wellbeing & Stress Courses

- Managing Challenging Behaviour
- The Role of Emotional Resilience in working with children & families
- The Role of Emotional Wellbeing for Practitioners



Safeguarding Courses

- 1:1 Direct Supervision
- Adolescent to Parent Violence
- Appreciating the Importance of Attachment in Assessment
- Assessing the Needs of Children in Situation of Parental Mental Health
- Assessing the Needs of Children in Situations of Domestic Abuse
- Assessing the needs of children in situations of parental learning disability
- Best Practice in Social Work Assessments with Children & Families
- Chairing Meetings
- Challenging conversations and Working with Resistance in families with young people
- Child Development – Child to Young Person (13-25 years)
- Child Development (0-12 years)
- Child Physical Abuse
- Child Sexual Exploitation
- Contextual Safeguarding
- County Lines & Child Criminal Exploitation
- Developing Effective Supervision: Core Skills for Supervisors
- Direct Work and Voice of the Child
- Disengagement Training
- Disguised Compliance
- Engagement of Fathers and Significant Males in Child Protection
- Engagement with Fathers and Significant Males in Safeguarding Children
- Engaging Reluctant and Resistant Families
- Enhancing Professional Curiosity for Housing Staff
- Evidence-Based Children Assessments
- FGM (Female Genital Mutilation)
- Group Supervision
- Learning from Serious Case Reviews
- Managing Challenging Behaviour
- Mental Health and managing risky behaviour in adolescence
- Modern Slavery & Human Trafficking
- Non-Accidental Injury (NAI) In Children
- Online Safety
- Parental Mental Ill-Health and Children's Safeguarding
- Parenting Assessments
- Physical Disengagement Training
- Pre-Birth assessment
- Preparing for the LPS (Liberty Protection Safeguards)
- Professional Curiosity in Practice
- Radicalisation & Extremism Awareness
- Recognising and responding to Child Sexual Abuse
- Safeguarding and Child Protection for Early Years and Childcare Practitioners
- Safeguarding and Child Protection in Early Years Refresher
- Safeguarding Children Level 3

- Safeguarding Children with Disabilities including those with Complex Health Needs
- Safeguarding Disabled Children
- Safeguarding Disabled Children (2 days)
- Safeguarding Supervision Skills
- Section 47
- Sexual Abuse and Risk Assessment
- Skills for Communicating with Children and Young People
- Special Guardianship Orders
- Substance Misuse & Impact on Parenting
- The Toxic Trio
- Transitions (Leaving Care)
- Trauma Informed Practice
- Using an Understanding of Child Development in Child Care Assessments
- Working with Children with Disabilities and Direct Work
- Working with Emotional Abuse & Neglect
- Working with Male Perpetrators of Domestic Abuse
- Working with Parents and Carers: Positive Parenting
- Working with Resistance, disguised compliance and hidden harm



Substance Misuse Courses

- Assessing the needs of children in situations of parental alcohol /substance misuse
- Assessing the needs of children of substance and/or alcohol misusing parents
- Drug & Alcohol Awareness
- Foetal Alcohol Syndrome
- Managing Challenging Behaviour
- Parental Mental Ill-Health and Children's Safeguarding
- Substance Misuse & Impact on Parenting
- The Toxic Trio



Supervision Courses

- 1:1 Direct Supervision
- Authority & Supervision; Difficult and Challenging Conversations – developing frameworks for thinking and action
- Developing Effective Supervision: Core Skills for Supervisors
- Group Supervision
- Promoting Reflective practice in Supervision
- Recording Reflective Supervision
- Reflective Supervision
- Safeguarding and Child Protection for Designated Person in Early Years Settings
- Supervising and assessing the ASYE year
- Supervising to Improve Practice
- Using Supervision Effectively: a one day course for Supervisees



A-Z Course Index for Children's Social Care Courses

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